

COMPARISON TABLE OF IUDs

	With Progesterone		With Copper		
Models	Mirena	Kyleena	Mona Lisa 5	Mona Lisa Mini	Mona Lisa 10
Duration	5 years	5 years	5 years	5 years	10 years
Bleeding	<ul style="list-style-type: none"> ○ Irregular and light ○ After one year, 30 to 50% of women do not bleed anymore 		<ul style="list-style-type: none"> ○ Usual menstrual cycles unchanged except increase in duration, flow and menstrual pain 		
Hormonal effect	<ul style="list-style-type: none"> ○ Minimal as the effect is localized to the endometrium (contrary to systemic anovulatory drugs such as pills, patch or ring) ○ Rare and usually temporary: acne, swelling, mood disorder and decrease of libido 		<ul style="list-style-type: none"> ○ None 		
Failure rate	<ul style="list-style-type: none"> ○ Less than 1 pregnancy per 1,000 users per year 		<ul style="list-style-type: none"> ○ Approximately 1 pregnancy per 100 users per year 		
Non-contraceptive benefits	<ul style="list-style-type: none"> ○ Reduced risk of uterine and tubal infection in the presence of Chlamydia or Gonorrhoea ○ Decrease in menstrual pain ○ Possibility of menstruation stopping ○ Possible improvement of PMS ○ Possible decrease in the risk of endometrial cancer ○ No increase in migraine (due to absence of estrogen) 		<ul style="list-style-type: none"> ○ No positive or negative hormonal effects 		
Disadvantages	<ul style="list-style-type: none"> ○ Irregular bleeding for 3 to 6 months 		<ul style="list-style-type: none"> ○ Increased duration, flow and menstrual pain 		